

## MONTH TWO

# “I Can Help”

### Before:

- \_\_\_\_\_ Wash my hands
- \_\_\_\_\_ Help set the table
- \_\_\_\_\_ Turn screens off
- \_\_\_\_\_ Ask what I can do to help

### After:

- \_\_\_\_\_ Help clear the table
- \_\_\_\_\_ Wipe the table
- \_\_\_\_\_ Help clean dishes
- \_\_\_\_\_ Thank the cook!

### Highs, Lows, and God Sightings

Take time for each member of your family to share their high (best thing) about the day and their low (hardest or worst thing) for the day.

*My high today is...*

*My low today is...*

*I saw God at work/God's love on display when...*

NAME \_\_\_\_\_



**We commit as a family to eat at least three meals together each week and have a great time doing it!**

*Place a sticker on the days you eat a meal together on the back of this placemat.*



Place a sticker on the days you eat a meal together at home.

# Talking to God

We are thankful for the way God uniquely created each person in the world. We take time today to pray together before our meal for missionaries from our church and the people they have been sent to reach with the Good News of Jesus.

**Choose a missionary or people group to pray for today.**

**Families:**

- Buckley ("Mama Linda")
- Traub Family
- Dard Family
- Douglass Family
- Bush Family
- Hall Family

**People Groups:**

- The Thai Chinese
- The Zee People
- The "Desert Nomads"
- The "Bajou" People
- The "Magic Carpet" People
- The "Shepherd People"
- The "F" Tribe

## Let's Talk

1. People around the world eat all different kinds of foods. If you lived somewhere else, what food would you miss the most?
2. People around the world travel in different ways. If you couldn't travel by car, what would be your favorite mode of transportation? (canoe, camel, horse, bicycle. etc.)
3. People around the world live in all different kinds of houses. What kind of home would you want to live in? (a yurt, hut, boat, tent, etc.)
4. If you were a missionary, where would you go?
5. If you could speak a different language, what would it be, and what is the first thing you would want to know how to say in that language?

*For more conversation ideas, check out your resource packet or visit [hbc.com/meals](http://hbc.com/meals).*

## Let's Play

Extra Challenge — As the month goes on, time yourself, and see if you can find the words faster, and/or race a family member.

Y R V Z N Q A E M O C L E W I  
 E X C Z C F R P L F T L N Z Z  
 I N W E D C R J D Q X V N W S  
 R Y G L Z A M M U J E L Z X H  
 H R Z I Y T N F U C I T K O A  
 M A R P C R T Q N O R G F Q R  
 A N L B Q L B N G E M O V N E  
 T O G J G B C R Z H L S B T F  
 C I P U T R O P S S A P U R Y  
 A S U L E S E N D X W E H O W  
 S S E O J V E C D X L L E P P  
 W I N H X D E V G M D T J P R  
 I M E E O V S N O I T A N U R  
 Z X K E P H G X Q J Y S S S R  
 K R Y B S T S W F X X A C L U

- GO
- UPG
- PRAY
- SEND
- WELCOME
- NATIONS
- PASSPORT
- MISSIONARY
- SHARE
- SUPPORT
- GOSPEL

# Hiding God's Word In Our Hearts

Take time at the table to talk about the verse of the month and make a game out of memorizing it together. Example: Practice memorizing the verse by repeating it as a family and use different voices each night as you say it (slow motion voice, warp speed, robot voice, mouse voice, cowboy voice, etc.)

**Scripture for the Month**

And how can anyone preach without being sent? It is written, "How beautiful are the feet of those who bring good news!" Romans 10:15

**Use this space to practice writing the verse or to draw a picture of what the verse means to you.**

