



'Self(less)'  
Philippians 2:1-11  
1 Corinthians 8:1-13

The challenge to be selfless:

Selfishness \_\_\_\_\_ ; it doesn't \_\_\_\_\_ .

Selflessness \_\_\_\_\_ ; it doesn't \_\_\_\_\_ .

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# MY APPLICATION

The following questions this week reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family and friends.

1. Philippians 2 calls us clearly to think of others and to consider ourselves less. A lot of pressure on our everyday lives pushes us the opposite way. The term used in the message this week was “enemy mode.” Enemy mode is the instinct to feel a threat and decide others are enemies. Are there situations that push you into enemy mode? Are there people in your workplace you consider enemies? Is it possible that at times you think of people in your own family as enemies?
2. Philippians 2 gives us insight to pull us out of enemy mode and into selflessness. It wants you to consider others and to identify with Jesus. Who is someone you consider an enemy and what can you tell yourself about them that might make you sympathetic to them? Or, if you are being mistreated by others, what is something you’ve never told Jesus about that experience? In what way can you think of Jesus’ example in that relationship?



## MEMORY VERSE

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

Philippians 2:3-4 (ESV)